



LISBOA TRITON 1

WORLD SERIES

LISBOA TRITON 1 2023 FULL DISTANCE

Pl.	Bib	Name	Sex	Cat	By cat.	Swim	T1	Bike	T2	Run	Time	Gap
1.	9055	Eriksson Mikael	Male	30-34		1:29:52	0:48	2:16:09	0:47	1:25:03	4:12:41	
2.	9041	Marques Filipe	Male	35-39		1:25:27	0:58	2:18:36	0:37	1:28:22	4:14:02	+1:21
3.	9010	Diego Blanco	Male	25-29		1:28:16	0:41	2:18:57	1:18	1:25:20	4:14:33	+1:52
4.	9032	Sergio Marques	Male	40-44		1:28:16	2:07	2:21:17	1:21	1:24:17	4:17:20	+4:39
5.	9100	Sorokin Sergei	Male	40-44		2:31:06	0:52	2:21:32	1:15	1:26:36	4:21:24	+8:43
6.	9038	Vieira Marco	Male	45-49		1:30:54	1:21	2:21:57	1:35	1:27:06	4:22:54	+10:13
7.	9013	António Salgado	Male	45-49		2:33:21	1:54	2:25:09	1:24	1:32:28	4:34:17	+21:36
8.	9009	Cerdeira Frederico	Male	40-44		3:32:56	1:41	2:33:57	1:22	1:27:50	4:37:48	+25:07
9.	9018	Barry O Neill	Male	40-44		4:30:27	1:19	2:27:42	1:43	1:37:31	4:38:43	+26:02
10.	9011	Jaime San Martin	Male	25-29		2:31:46	1:10	2:31:54	1:35	1:33:10	4:39:36	+26:55
11.	9033	Vanessa Pereira	Female	35-39		1:28:41	1:40	2:30:20	1:24	1:39:35	4:41:43	+29:02
12.	9113	Miranda Zambrano David	Male	35-39		2:28:26	0:49	2:36:03	0:54	1:36:01	4:42:16	+29:35
13.	9044	Carvalhinho Nuno	Male	45-49		3:33:19	0:54	2:27:47	2:06	1:39:46	4:43:55	+31:14
14.	9085	Carvalho Paulo	Male	35-39		3:36:01	1:53	2:31:04	1:07	1:35:15	4:45:22	+32:41
15.	9071	ALCALA BARBERA RAMON	Male	40-44		5:32:47	0:59	2:36:44	1:08	1:35:17	4:46:57	+34:16
16.	9123	Vieira Jorge	Male	50-54		1:35:02	1:35	2:33:47	0:54	1:37:03	4:48:24	+35:43
17.	9076	Villarroya Sergio	Male	45-49		4:34:03	1:03	2:36:51	1:30	1:35:03	4:48:31	+35:50
18.	9026	Daniel Marques	Male	30-34		2:31:48	0:57	2:33:27	1:13	1:41:50	4:49:16	+36:35
19.	9114	Garcia de Casasola Fidel	Male	50-54		2:31:51	1:14	2:44:40	1:48	1:30:05	4:49:40	+36:59
20.	9112	Mendonca Pedro	Male	45-49		5:32:49	1:19	2:30:55	0:56	1:46:03	4:52:04	+39:23
21.	9098	Iñiguez de la Torre Ignacio	Male	40-44		6:30:06	1:15	2:31:31	0:46	1:48:38	4:52:18	+39:37
22.	9012	Rui Galinha	Male	50-54		3:30:35	0:59	2:37:43	0:52	1:43:33	4:53:44	+41:03
23.	9046	Rodriguez Fraguela Alejandro	Male	35-39		4:31:33	1:25	2:41:58	2:32	1:36:44	4:54:15	+41:34
24.	9121	Carvalho Jorge	Male	50-54		4:37:54	1:55	2:33:03	1:12	1:40:16	4:54:22	+41:41
25.	9079	Ribeiro Tiago	Male	40-44		7:36:42	1:30	2:30:29	1:31	1:45:54	4:56:08	+43:27
26.	9104	Silvestre Dário	Male	40-44		8:31:00	1:37	2:42:34	1:48	1:39:10	4:56:11	+43:30
27.	9084	Gonzalez Lopez Antonio	Male	35-39		5:34:59	1:56	2:32:55	1:18	1:45:35	4:56:45	+44:04
28.	9023	Luca Venturelli	Male	35-39		6:34:32	1:17	2:36:10	1:01	1:44:49	4:57:50	+45:09
29.	9088	custodio carlos	Male	50-54		5:33:12	1:50	2:39:17	1:07	1:43:46	4:59:14	+46:33
30.	6104	KIKO MARTINS	Male	40-44		9:34:45	1:38	2:37:38	1:26	1:43:45	4:59:14	+46:33
31.	9028	Silvestre Dido	Male	40-44		10:31:29	2:11	2:41:15	2:08	1:42:35	4:59:40	+46:59
32.	9050	Fonseca Bruno	Male	40-44		11:39:21	2:28	2:36:00	1:52	1:40:50	5:00:33	+47:52
33.	9106	Carvalho Ricardo	Male	40-44		12:34:40	2:05	2:41:21	0:43	1:41:45	5:00:36	+47:55
34.	9031	André Barreto	Male	30-34		3:32:48	1:51	2:39:01	1:14	1:46:58	5:01:54	+49:13
35.	9099	ROSADO FEITO JAVIER	Male	40-44		1:39:55	2:07	2:40:08	1:06	1:50:17	5:03:36	+50:55
36.	9101	García Pérez Manuel Francisco	Male	30-34		4:35:06	1:53	2:38:16	1:43	1:47:43	5:04:42	+52:01
37.	9021	Nuno Mota	Male	45-49		6:33:59	1:08	2:44:21	1:40	1:44:03	5:05:12	+52:31
38.	9078	Iglesias Garcia Pablo	Male	45-49		7:32:55	2:38	2:51:34	2:18	1:36:02	5:05:29	+52:48
39.	9001	Cumbre Antonio	Male	40-44		14:33:07	2:17	2:39:08	1:29	1:49:55	5:05:58	+53:17
40.	9005	Cunha André	Male			1:36:03	1:31	2:39:14	2:57	1:46:30	5:06:17	+53:36
41.	9007	Josemr Pastor Barrera	Male	50-54		6:30:21	2:07	2:43:51	1:23	1:48:47	5:06:31	+53:50
42.	9117	Almeida Luis	Male	50-54		7:38:09	4:56	2:36:40	3:18	1:45:40	5:08:46	+56:05
43.	9014	IVAN RODRIGUEZ HERNANDEZ	Male	45-49		8					5:12:00	+59:19
44.	9029	Daniel Silva	Male	40-44		15:31:44	4:10	2:45:50	1:42	1:49:30	5:12:58	+1:00:17
45.	9020	Tiago Costa	Male	40-44		16:32:00	2:30	3:02:20	2:01	1:34:06	5:12:59	+1:00:18
46.	9047	Correia Pedro	Male	45-49		9:35:45	2:43	2:42:06	1:47	1:51:26	5:13:49	+1:01:08
47.	9059	Melgar Sánchez Jaime	Male	35-39		7:29:59	1:07	2:44:51	1:07	1:59:32	5:16:38	+1:03:57
48.	9086	Almendral OLIVER	Male	50-54		8:31:58	2:03	3:00:54	0:57	1:40:50	5:16:44	+1:04:03
49.	9094	Beltrão João	Male	40-44		17:42:07	2:37	2:47:28	1:57	1:43:11	5:17:21	+1:04:40
50.	9024	João Rodrigues	Male	40-44		18:41:22	2:40	2:33:37	2:13	2:00:54	5:20:47	+1:08:06
51.	9087	Mota Guedes Rui	Male	45-49		10:39:43	2:47	2:36:52	1:53	2:00:58	5:22:13	+1:09:32
52.	9110	Morgan Lee	Male	35-39		8:39:11	2:51	2:36:32	0:59	2:03:03	5:22:38	+1:09:57
53.	9040	Correia Carlos	Male	40-44		19:39:07	3:35	2:49:36	1:46	1:48:41	5:22:46	+1:10:05
54.	9042	Carter Baz	Male	40-44		20:39:51	1:28	2:53:38	1:29	1:47:16	5:23:44	+1:11:03
55.	9052	Amado Tiago	Male	40-44		21:42:44	1:17	2:46:46	1:27	1:52:30	5:24:47	+1:12:06
56.	9081	garcia-maurino carlos	Male	55-59		1:34:53	2:55	3:01:25	1:02	1:45:22	5:25:39	+1:12:58
57.	9034	ENRIC RIGAU BAULIDA	Male	45-49		11:32:09	2:05	2:43:44	1:18	2:06:49	5:26:07	+1:13:26
58.	9030	Nic Treurnicht	Male	40-44		22:38:33	1:39	2:50:51	1:36	1:53:33	5:26:14	+1:13:33
59.	9122	Furtado Ricardo	Male			2:33:45	2:11	2:51:19	3:13	1:57:33	5:28:01	+1:15:20
60.	9006	huerta valentin	Male	60-64		14:33:08	2:20	2:48:41	1:12	1:53:17	5:28:38	+1:15:57
61.	9118	Momberg Marius	Male	40-44		23:28:21	3:34	2:47:40	1:38	2:09:00	5:30:15	+1:17:34
62.	9039	Teixeira Pedro	Male	35-39		9:39:08	2:24	2:48:08	1:31	2:01:06	5:32:19	+1:19:38
63.	9092	Lindsey Sean	Male	35-39		10:39:10	2:33	3:01:00	2:37	1:48:14	5:33:36	+1:20:55
64.	9061	Gregorio Rojo Jose Luis	Male	45-49		12:32:50	2:18	2:48:39	1:13	2:09:38	5:34:40	+1:21:59
65.	9097	CIDONCHA RODRIGUEZ JUAN JOSE	Male	40-44		24:48:42	3:12	3:03:42	2:02	1:37:32	5:35:12	+1:22:31
66.	9111	pereira ricardo	Male	50-54		9:40:51	2:47	2:53:17	1:06	1:59:04	5:37:08	+1:24:27

67.	9080	Teixeira Pinto José Miguel	Male	30-34	5	39:12	3:45	2:57:48	1:54	1:55:40	5:38:21	+1:25:40
68.	9025	Paulo Guedes	Male	60-64	2	39:05	4:01	2:52:02	2:16	2:03:07	5:40:33	+1:27:52
69.	9060	castro manel	Male	50-54	10	36:14	2:13	2:59:17	1:26	2:02:02	5:41:14	+1:28:33
70.	9093	Braz Hugo	Male	45-49	13	35:37	3:49	2:47:14	4:26	2:12:28	5:43:36	+1:30:55
71.	9082	Rodriguez Gomez Jose Luis	Male	40-44	25	39:41	4:22	3:06:02	1:44	1:52:34	5:44:25	+1:31:44
72.	9107	Warburton Daren	Male	50-54	11	39:07	1:46	2:44:52	1:18	2:18:50	5:45:55	+1:33:14
73.	9003	Lucia Castelli sunyer	Female	25-29	1	40:52	4:21	3:12:05	3:46	1:45:37	5:46:44	+1:34:03
74.	9019	Madariaga Ibon	Male		3	33:06	1:56	3:01:51	1:47	2:09:13	5:47:55	+1:35:14
75.	9027	Rui Fernandes	Male	50-54	12	38:13	3:48	3:05:21	3:29	1:57:39	5:48:30	+1:35:49
76.	9091	Armstrong James	Male	35-39	11	39:00	2:11	2:47:27	2:51	2:17:00	5:48:32	+1:35:51
77.	9016	Gonçalves Bruno	Male		4	39:07	2:03	3:01:37	2:04	2:04:15	5:49:07	+1:36:26
78.	9120	Costa Celso	Male	35-39	12	39:51	3:50	3:06:06	3:40	1:56:35	5:50:04	+1:37:23
79.	9069	Hedley-Lewis Melissa	Female	40-44	1	39:05	2:29	3:12:02	1:55	1:55:24	5:50:57	+1:38:16
80.	9074	CuellasPereira Javier	Male	45-49	14	33:58	2:03	2:57:12	1:22	2:17:36	5:52:13	+1:39:32
81.	9043	Correia Angelo	Male	50-54	13	42:12	6:27	3:06:03	2:49	2:02:54	6:00:27	+1:47:46
82.	9065	Moutinho Paulo	Male	50-54	14	33:33	3:24	3:13:53	2:54	2:07:32	6:01:18	+1:48:37
83.	9057	Nieto Vargas Miguel Angel	Male	50-54	15	39:04	1:56	3:07:31	1:27	2:16:18	6:06:19	+1:53:38
84.	9048	VILLANUEVA SERRANO IGNACIO	Male	60-64	3	37:18	2:34	3:06:43	2:03	2:20:04	6:08:45	+1:56:04
85.	9067	Grilo Vitor	Male	55-59	2	35:20	6:52	3:07:21	3:50	2:16:56	6:10:21	+1:57:40
86.	9066	Martins Carlos	Male	50-54	16	41:52	2:21	3:09:30	1:31	2:15:53	6:11:10	+1:58:29
87.	9015	Julen Gomez	Male	30-34	6	38:05	3:38	2:55:28	1:43	2:33:37	6:12:33	+1:59:52
88.	9108	Andrade Jorge	Male	60-64	4	44:10	4:07	3:18:03	3:19	2:16:11	6:25:52	+2:13:11
89.	9096	IRON BROTHERS	Male		5	39:56	8:15	3:46:39	6:24	1:55:02	6:36:18	+2:23:37
90.	9008	Pedro Luis	Male	30-34	7	38:33	4:27	3:30:08	3:43	2:19:36	6:36:30	+2:23:49
91.	9022	Nicolý Migliaccio Grandolfo	Female	35-39	2	47:19	4:31	3:38:51	3:50	2:04:33	6:39:05	+2:26:24
92.	9105	Nunes Pedro	Male	50-54	17	56:12	6:13	3:35:47	4:09	2:36:18	7:18:42	+3:06:01
-	9036	nuno oliveira e silva	Male	50-54		34:48	2:04	1:30:58	2:44:07		Withdrawal	
-	9068	Mattock Chris	Male	40-44		39:08	3:46	1:39:10	2:29:53		Withdrawal	
-	9103	Pires João	Male	35-39		47:08	2:38				Withdrawal	
-	9063	CORREIA JOSE	Male	60-64		34:44	2:36	3:44:49			Withdrawal	
-	9083	Sánchez Pérez Jacobo	Male	35-39		48:51	3:51				Withdrawal	
-	9073	Crowley Eileen	Female	30-34		44:41	6:06	1:51:51	1:52		Disqualified	
-	9102	Lopes Carlos	Male	50-54		41:03	2:17	2:33:29	1:24		Disqualified	
-	9045	Silva Rui	Male	45-49		34:59	2:12	2:46:34	1:36		Disqualified	
-	9115	Martín de la Montaña Raúl	Male	45-49		31:04	3:08	2:46:23	2:15		Disqualified	
-	9090	Rose Kristian	Male	35-39		36:51	1:06	2:41:17	1:19		Disqualified	



LISBOA TRITON 1

WORLD SERIES

LISBOA TRITON 1 2023 MIDDLE DISTANCE

Pl.	Bib	Name	Sex	Cat	By cat.	Swim	T1	Bike	T2	Run	Time	Gap
1.	6074	AFONSO GARCIA	Male	25-29	1	15:02	0:36	1:10:22	0:38	40:31	2:07:11	
2.	6084	PEDRO LORENA	Male	35-39	1	17:55	1:24	1:09:01	0:53	42:16	2:11:30	+4:19
3.	6046	Nuno Raposo	Male	25-29	2	21:13	1:41	1:13:36	0:45	41:53	2:19:11	+12:00
4.	6052	João Sacadura	Male	35-39	2	21:56	1:07	1:13:51	1:12	42:52	2:21:00	+13:49
5.	6073	OVIEDO MORENO RAUL	Male	45-49	1	19:45	1:58	1:15:33	0:51	47:13	2:25:21	+18:10
6.	1208	VIEIRA RUI	Male	40-44	1	21:03	1:24	1:17:09	0:52	45:07	2:25:38	+18:27
7.	6033	Mario Sanchez	Male	30-34	1	19:47	2:05	1:17:01	1:16	46:13	2:26:24	+19:13
8.	6005	ENEKO ALBERTI	Male	45-49	2	20:16	1:42	1:16:44	1:09	46:42	2:26:36	+19:25
9.	6097	JOSE JUDICE	Male	35-39	3	21:14	1:58	1:17:29	2:12	43:44	2:26:38	+19:27
10.	6038	Joao Cunha Rego	Male	45-49	3	20:07	2:06	1:15:29	1:30	49:13	2:28:27	+21:16
11.	6089	Costa Ivan	Male	35-39	4	20:30	1:40	1:19:52	0:43	47:51	2:30:38	+23:27
12.	6043	Carlos Periañez Vela	Male	40-44	2	22:14	2:01	1:18:05	0:52	50:56	2:34:10	+26:59
13.	6066	fernandes pedro andré	Male	40-44	3	21:20	1:01	1:20:03	0:36	51:50	2:34:52	+27:41
14.	6065	Portugal Pedro	Male	35-39	5	22:45	1:41	1:18:58	1:12	51:44	2:36:23	+29:12
15.	6128	Estalella Jorge	Male	45-49	4	21:46	1:29	1:24:11	1:08	48:48	2:37:24	+30:13
16.	6013	Vitor Araújo	Male	25-29	3	23:44	2:02	1:23:39	1:13	46:58	2:37:39	+30:28
17.	6044	Jose Javier Gomez	Male	40-44	4	23:57	1:10	1:23:27	1:03	48:30	2:38:09	+30:58
18.	6078	López Jorge	Male	30-34	2	23:03	2:56	1:23:02	0:56	49:40	2:39:39	+32:28
19.	6048	Manuel Vieira	Male	35-39	6	23:58	1:33	1:19:15	1:17	54:13	2:40:19	+33:08
20.	6120	van Lennep Harold	Male	30-34	3	27:30	2:17	1:18:53	0:35	51:40	2:40:56	+33:45
21.	6118	Palmero Sanchez Jose Miguel	Male	45-49	5	21:07	0:48	1:25:19	0:38	53:09	2:41:04	+33:53
22.	6100	Matheson Dennis	Male	40-44	5	25:13	1:34	1:19:11	0:54	54:29	2:41:22	+34:11
23.	6042	Maximiliano Gómez López	Male	30-34	4	24:28	1:35	1:24:49	0:43	49:57	2:41:35	+34:24
24.	6017	NUNO DANTAS	Male	40-44	6	26:03	1:46	1:26:35	0:44	46:42	2:41:51	+34:40
25.	6101	Duarte João	Male	50-54	1	24:22	1:43	1:23:02	1:08	51:42	2:41:59	+34:48
26.	6140	Carlos Bruno	Male	40-44	7	28:13	2:03	1:21:59	1:46	48:29	2:42:31	+35:20
27.	6116	Almeida Miguel	Male	45-49	6	25:07	1:23	1:26:02	0:52	49:08	2:42:34	+35:23
28.	6036	ANGEL LUIS MERINO RUIZ	Male	50-54	2	24:12	2:12	1:24:25	0:59	53:15	2:45:05	+37:54
29.	6045	Rodrigo Dias	Male	18-24	1	22:02	2:27	1:25:57	1:34	53:05	2:45:07	+37:56
30.	6047	Madalena FONTINHAS	Female	40-44	1	24:41	2:21	1:29:33	1:31	48:53	2:47:00	+39:49
31.	6094	Fernandez Miguel	Male	40-44	8	24:10	2:11	1:25:56	1:04	53:41	2:47:03	+39:52
32.	6026	Nicolas Escudero	Male	25-29	4	27:08	2:09	1:23:33	1:10	54:06	2:48:09	+40:58
33.	6004	van Lennep Alexis	Male	30-34	1	23:36	2:30	1:24:17	0:39	57:13	2:48:16	+41:05
34.	6002	CERVERO FERNANDEZ LAURA	Female	50-54	1	23:53	1:12	1:25:40	0:58	56:39	2:48:24	+41:13
35.	6107	Rêgo Nelson	Male	45-49	7	25:31	1:58	1:21:15	1:44	58:01	2:48:32	+41:21
36.	6090	Alabart Joan	Male	30-34	5	20:38	3:37	1:23:06	1:39	1:00:35	2:49:37	+42:26
37.	6088	Canevet Benjamin	Male	40-44	9	23:16	2:27	1:21:16	1:43	1:00:59	2:49:45	+42:34
38.	6092	Baazaoui Hakim	Male	25-29	5	26:00	2:16	1:25:12	1:37	54:45	2:49:52	+42:41
39.	6079	Domenech Arasanz Noe	Female	40-44	2	20:56	1:38	1:32:12	0:55	54:20	2:50:04	+42:53
40.	6149	Jardim Rui	Male	30-34	2	26:56	2:11	1:24:36	1:24	55:14	2:50:23	+43:12
41.	6127	Lima Pereira Dário	Male	30-34	6	25:22	1:48	1:21:30	1:10	1:02:11	2:52:04	+44:53
42.	6012	Miguel Angel Zafra Repiso	Male	40-44	10	26:39	1:43	1:25:50	1:17	56:52	2:52:23	+45:12
43.	6136	Cano Juan	Male	35-39	7	25:57	2:52	1:25:28	1:26	57:00	2:52:45	+45:34
44.	6028	Pedro Fortunato	Male	45-49	8	33:24	2:05	1:22:37	1:20	53:27	2:52:54	+45:43
45.	6031	Tiago Veigas	Male	40-44	11	29:27	4:25	1:28:13	0:53	49:56	2:52:56	+45:45
46.	6112	Usón Dani	Male	40-44	12	25:26	2:08	1:26:24	1:33	57:35	2:53:08	+45:57
47.	6001	Afonso Pedro	Male	30-34	3	26:58	2:41	1:26:56	1:24	55:55	2:53:55	+46:44
48.	6020	Francisco Javier Pérez Bruces	Male	45-49	9	26:58	2:40	1:26:30	1:33	56:15	2:53:59	+46:48
49.	6075	Gómez Nieto Alberto	Male	40-44	13	30:09	2:33	1:28:08	1:23	52:32	2:54:47	+47:36
50.	6129	Fernandes João	Male	30-34	7	24:06	2:07	1:23:15	1:10	1:04:49	2:55:28	+48:17
51.	6067	fonseca rui	Male	55-59	1	22:06	2:33	1:30:17	1:13	59:23	2:55:34	+48:23
52.	6030	Omar Ayyashi	Male	45-49	10	21:56	1:45	1:25:44	1:11	1:05:19	2:55:56	+48:45
53.	6125	Rego Bruno	Male	40-44	14	26:16	2:49	1:22:33	1:30	1:03:12	2:56:23	+49:12
54.	6146	cabrera guillermo	Male	50-54	3	23:57	2:52	1:27:38	1:43	1:00:28	2:56:40	+49:29
55.	6119	van Lennep Henri	Male	35-39	8	29:31	3:10	1:27:59	1:14	54:48	2:56:43	+49:32
56.	6041	Daniela Langaro	Female	50-54	2	24:17	1:40	1:31:14	1:06	58:40	2:56:59	+49:48
57.	6095	HABSBURG JÓZSEF	Male	25-29	6	24:48	3:17	1:26:47	1:47	1:00:54	2:57:36	+50:25
58.	6040	Renan Silva	Male	35-39	9	29:29	3:43	1:28:00	2:18	54:13	2:57:45	+50:34
59.	6080	Guedes Pedro	Male	45-49	11	27:08	2:37	1:28:32	2:28	57:01	2:57:47	+50:36
60.	6132	Pinheiro Vasco	Male	50-54	4	27:50	4:07	1:23:40	3:02	59:15	2:57:56	+50:45
61.	6006	Vidal Pablo	Male	30-34	4	29:08	3:58	1:28:00	2:30	54:52	2:58:30	+51:19
62.	6054	Mateus Nabais	Male	35-39	10	23:10	4:10	1:30:49	2:38	57:49	2:58:37	+51:26
63.	6011	Hildebrand Castro	Male	45-49	12	26:44	3:46	1:27:36	3:08	57:34	2:58:50	+51:39
64.	6070	Miguel Marco	Male	45-49	13	25:34	2:54	1:25:35	2:14	1:02:46	2:59:05	+51:54
65.	6098	de la Hey Matthew	Male	30-34	8	29:55	2:23	1:33:23	0:47	53:42	3:00:12	+53:01

66.	6099	de Koning Christiaan	Male	30-34	9	29:08	2:39	1:29:05	1:26	58:27	3:00:47	+53:36
67.	6108	carvalho fernandes joao pedro	Male	45-49	14	25:19	2:35	1:33:49	1:38	57:44	3:01:07	+53:56
68.	6007	Daniel Gil	Male	45-49	15	22:42	2:56	1:30:18	1:57	1:03:42	3:01:37	+54:26
69.	6015	Helder Alves	Male	40-44	15	22:31	3:09	1:34:11	1:56	1:00:17	3:02:06	+54:55
70.	6035	carlos vicente soute	Male	55-59	2	29:33	1:10	1:27:20	1:42	1:02:53	3:02:40	+55:29
71.	6115	Matos Pedro	Male	40-44	16	25:13	2:38	1:27:25	1:27	1:06:40	3:03:25	+56:14
72.	6096	Mendez de Vigo Emanuel	Male	18-24	2	27:12	2:39	1:34:18	0:44	58:33	3:03:28	+56:17
73.	6069	Tarainovych Oleksandr	Male	30-34	10	27:39	1:49	1:29:11	1:54	1:03:22	3:03:56	+56:45
74.	6147	Reino Sebastião	Male	18-24	3	22:47	2:42	1:28:33	1:29	1:08:25	3:03:57	+56:46
75.	6131	Gandum Joao	Male	25-29	7	25:35	2:01	1:38:13	1:28	56:53	3:04:12	+57:01
76.	6081	Jörg Alexandra	Female	55-59	1	27:38	2:56	1:32:48	1:29	59:20	3:04:12	+57:01
77.	6093	Bizarro Pedro	Male	45-49	16	30:40	8:25	1:27:43	4:15	53:50	3:04:54	+57:43
78.	6148	RUI pereira	Male	50-54	5	24:39	2:11	1:31:40	1:13	1:05:20	3:05:05	+57:54
79.	6058	Diego Pimentel	Male	25-29	8	30:54	2:50	1:31:00	1:06	59:41	3:05:32	+58:21
80.	6077	Cívicos Zurdo Marta	Female	40-44	3	24:37	1:55	1:39:15	1:15	58:40	3:05:44	+58:33
81.	6072	Gomes Ricardo	Male	25-29	9	25:28	2:43	1:32:32	1:06	1:04:52	3:06:43	+59:32
82.	6060	Penny Futter	Female	45-49	1	21:06	3:10	1:41:29	1:59	59:24	3:07:10	+59:59
83.	6063	Sandra Jackson	Female	45-49	2	23:03	4:11	1:37:12	1:50	1:00:51	3:07:10	+59:59
84.	6059	Peter Rix	Male	50-54	6	28:39	3:54	1:33:09	2:01	59:24	3:07:10	+59:59
85.	6051	Wilhelm Krause	Male	45-49	17	27:38	3:04	1:25:47	1:20	1:09:34	3:07:25	+1:00:14
86.	6022	Tiago Antunes	Male	35-39	11	23:51	2:08	1:42:51	1:12	57:51	3:07:54	+1:00:43
87.	6138	Rocha André	Male	35-39	12	25:21	4:08	1:36:31	0:50	1:01:46	3:08:38	+1:01:27
88.	6087	Barros-García David	Male	35-39	13	28:27	3:40	1:35:14	1:31	1:00:24	3:09:17	+1:02:06
89.	6027	Agostino Winckler	Male	30-34	11	34:43	2:41	1:28:41	1:07	1:02:16	3:09:30	+1:02:19
90.	6053	Louis Maddison	Male	25-29	10	26:07	2:45	1:44:48	1:09	54:41	3:09:32	+1:02:21
91.	6039	Tiago Duarte	Male	50-54	7	34:59	4:49	1:26:47	2:53	1:00:02	3:09:32	+1:02:21
92.	6086	Wolfe Julian	Male	35-39	14	30:48	2:40	1:35:59	1:05	59:57	3:10:31	+1:03:20
93.	6064	João Abreu	Male	40-44	17	22:22	3:22	1:40:27	1:34	1:02:47	3:10:34	+1:03:23
94.	6126	Costa Paulo	Male	35-39	15	25:14	2:27	1:32:13	3:30	1:10:21	3:13:47	+1:06:36
95.	6062	Robert Futter	Female	45-49	3	30:15	4:30	1:29:45	3:40	1:05:36	3:13:49	+1:06:38
96.	6109	Rainho Fernandes Nuno	Male	60-64	1	26:16	1:41	1:35:56	1:30	1:08:47	3:14:12	+1:07:01
97.	6085	Masefield Gabrielle	Female	30-34	1	34:13	4:21	1:31:01	2:36	1:02:31	3:14:44	+1:07:33
98.	6032	fernando andre	Male	65+	1	28:36	3:16	1:34:41	1:44	1:07:20	3:15:40	+1:08:29
99.	6023	Miguel Barreto	Male	30-34	12	30:25	3:30	1:40:48	2:22	58:43	3:15:49	+1:08:38
100.	6016	Matteo Bertacca	Male	25-29	11	22:00	2:36	1:43:19	3:46	1:04:39	3:16:23	+1:09:12
101.	6050	Miguel Bayan Soares	Male	35-39	16	25:57	4:43	1:43:15	2:33	1:00:14	3:16:42	+1:09:31
102.	6071	Sobral Mario	Male	45-49	18	26:44	4:03	1:36:48	1:57	1:07:46	3:17:20	+1:10:09
103.	6029	Lisa Schejola	Female	50-54	3	26:12	2:56	1:33:34	2:28	1:12:52	3:18:03	+1:10:52
104.	6003	Akin Jeffrey	Male	50-54	8	28:12	3:06	1:36:13	2:35	1:07:54	3:18:03	+1:10:52
105.	6068	Quadrio Pedro	Male	50-54	9	23:41	3:35	1:34:39	3:24	1:13:15	3:18:35	+1:11:24
106.	6091	Melissant Jelle	Male	25-29	12	20:29	4:24	1:39:16	3:07	1:12:38	3:19:57	+1:12:46
107.	6130	Cortés Simón Juan José	Male	50-54	10	30:09	1:22	1:39:21	1:36	1:08:19	3:20:47	+1:13:36
108.	6139	Jacquet Maximilien	Male	45-49	19	29:18	3:29	1:28:20	3:36	1:16:20	3:21:05	+1:13:54
109.	6113	Wolfe Jessica	Female	35-39	1	27:54	3:27	1:38:06	2:07	1:09:47	3:21:23	+1:14:12
110.	6141	Santos Tiago	Male	25-29	13	31:38	3:17	1:40:43	1:48	1:04:19	3:21:48	+1:14:37
111.	6117	Krainhofner Vinzenz	Male	30-34	13	28:57	5:17	1:36:51	4:03	1:07:44	3:22:54	+1:15:43
112.	6133	Cardoso Pinto Miguel	Male	45-49	20	28:20	2:14	1:38:59	2:01	1:11:34	3:23:11	+1:16:00
113.	6142	COELLO VAZQUEZ OLGA	Female	50-54	4	28:43	1:20	1:40:49	0:52	1:11:34	3:23:20	+1:16:09
114.	6106	Montealegre Santana Diego	Male	35-39	17	26:08	4:04	1:41:26	1:31	1:11:08	3:24:18	+1:17:07
115.	6111	Habsburg Johanna	Female	30-34	2	27:37	4:13	1:42:31	2:36	1:07:43	3:24:42	+1:17:31
116.	6055	Fernando Montoya	Male	60-64	2	32:01	3:15	1:44:06	1:34	1:05:50	3:26:48	+1:19:37
117.	6056	Alejandro Montoya	Male	30-34	14	31:58	3:17	1:43:59	1:42	1:05:51	3:26:48	+1:19:37
118.	6014	DAITHI MAC SUIBHNE	Male	35-39	18	32:42	5:02	1:33:49	3:14	1:12:03	3:26:51	+1:19:40
119.	6024	Luis Martins	Male	60-64	3	32:01	3:55	1:42:49	3:59	1:08:36	3:31:23	+1:24:12
120.	6049	Sergio Queiros	Male	35-39	19	34:40	4:34	1:45:54	1:52	1:05:32	3:32:35	+1:25:24
121.	6010	Ivan Cuesto	Male	40-44	18	38:01	2:27	1:37:33	2:14	1:14:37	3:34:55	+1:27:44
122.	6122	Sanchez Aurora	Female	35-39	2	38:01	2:28	1:37:43	2:07	1:14:34	3:34:55	+1:27:44
123.	6114	von Grolman Emanuel	Male	30-34	15	27:20	3:25	1:44:32	1:54	1:18:40	3:35:52	+1:28:41
124.	6057	Cravo João	Male	35-39	20	26:23	4:33	1:36:34	2:25	1:26:47	3:36:43	+1:29:32
125.	6034	Jeffrey Zive	Male	50-54	11	25:03	4:14	1:45:53	3:06	1:20:54	3:39:12	+1:32:01
126.	6082	Figueira Ricardo	Male	40-44	19	26:04	3:38	1:47:12	3:40	1:18:42	3:39:18	+1:32:07
127.	6018	Joana Croy	Female	30-34	3	29:16	3:23	1:53:28	2:37	1:12:26	3:41:11	+1:34:00
128.	6105	Smith Alun	Male	50-54	12	32:47	4:41	1:33:53	7:04	1:23:50	3:42:16	+1:35:05
129.	6102	Rees John	Male	60-64	4	27:30	9:58	1:37:54	2:56	1:23:56	3:42:16	+1:35:05
130.	6103	Rees David	Male	55-59	3	30:10	7:16	1:31:39	9:09	1:23:59	3:42:16	+1:35:05
131.	6143	Angelo Miguel	Male	50-54	13	35:37	6:31	1:51:44	2:00	1:15:54	3:51:49	+1:44:38
132.	6083	Rainha Cristina	Female	55-59	2	27:33	4:15	1:51:14	3:14	1:26:45	3:53:04	+1:45:53
133.	6144	Sousa Nuno	Male	45-49	21	26:50	1:42	2:17:20	1:24	1:09:10	3:56:28	+1:49:17
-	6061	LUIS SILVA	Male	50-54	3	30:36	3:06	1:29:29	4:34			
-	6021	James Goodfellow	Male	25-29	4	46:47		2:45:03	1:34:35			
-	6037	Christian Coachman	Male	45-49	25	51	2:44	1:24:34	1:29		Disqualified	



LISBOA TRITON 1

WORLD SERIES

LISBOA TRITON 1 2023 SHORT DISTANCE

Pl.	Bib	Name	Sex	Cat	By cat.	Swim	T1	Bike	T2	Run	Time	Gap
1.	3024	Cacoub Dov	Male	45-49	1	10:26	1:45	42:54	0:57	25:02	1:21:06	
2.	3027	Matos Eduardo	Male	35-39	1	11:41	2:14	43:09	1:23	29:43	1:28:12	+7:06
3.	3022	Silva André	Male	40-44	1	13:00	2:13	45:15	1:17	27:23	1:29:10	+8:04
4.	3018	Gonçalves Luis	Male	40-44	2	14:51	4:19	45:21	1:20	24:12	1:30:06	+9:00
5.	3008		Male		1	10:19	1:26	48:18	0:42	29:40	1:30:27	+9:21
6.	3006	Fiadeiro Joao	Male	65+	1	14:34	2:03	44:51	1:49	28:08	1:31:27	+10:21
7.	3004	Melo Joao	Male	35-39	2	13:23	1:30	48:22	0:48	29:07	1:33:11	+12:05
8.	3005	Sousa Duarte	Male	40-44	3	14:14	2:01	49:27	0:31	27:22	1:33:37	+12:31
9.	3007	Fiadeiro Ana	Female	35-39	1	12:16	1:13	46:43	1:13	32:35	1:34:03	+12:57
10.	3020	Ramos Christian	Male	45-49	2	13:58	1:25	49:38	1:34	29:29	1:36:07	+15:01
11.	3019	matas ferrer emilio jose	Male	45-49	3	13:50	2:15	46:52	1:11	32:21	1:36:32	+15:26
12.	3023	Vitória Silva João	Male	30-34	1	10:36	2:35	48:35	1:38	33:10	1:36:35	+15:29
13.	3033	Cowlishaw Steve	Male		2	15:09	4:48	46:38	2:17	28:07	1:37:00	+15:54
14.	3009	PUERMA LOPEZ ROCIO	Female	35-39	2	16:31	2:56	48:39	1:03	28:36	1:37:48	+16:42
15.	3011	Oliveira Hugo	Male	45-49	4	13:51	2:37	51:36	1:36	30:16	1:39:59	+18:53
16.	3013	Cavaco Hugo	Male	25-29	1	10:22	2:50	55:59	1:10	30:01	1:40:23	+19:17
17.	3029	Antunes João	Male	50-54	1	14:07	3:10	48:14	2:53	32:45	1:41:12	+20:06
18.	3015	Poolford Adam	Male	35-39	3	16:17	3:13	54:45	0:55	29:02	1:44:13	+23:07
19.	3012	Ulpiano António	Male	55-59	1	14:20	3:11	53:33	1:57	34:12	1:47:14	+26:08
20.	3034	Martins Filipe	Male		3	17:45	3:13	52:45	2:11	31:57	1:47:53	+26:47
21.	3003	Benz Urs	Male	65+	2	14:15	2:31	47:22	2:03	45:09	1:51:22	+30:16
22.	3002	Tomas Tiago	Male	50-54	2	11:51	3:23	52:57	2:28	40:47	1:51:28	+30:22
23.	3026	Steyaert Michelle	Female	18-24	1	15:47	2:12	54:12	1:27	39:44	1:53:24	+32:18
24.	3010	Martins Luis	Male	55-59	2	19:25	7:42	56:21	2:46	30:03	1:56:19	+35:13
25.	3001	Goncalves Filomena	Female	60-64	1	12:49	3:27	59:04	2:55	44:06	2:02:23	+41:17
26.	3030	Rui Ribeiro	Male	50-54	3	16:27	6:30	59:30	2:59	38:29	2:03:57	+42:51
27.	3016	Lagesse Mathias Roland Maxime	Male	25-29	2	15:26	6:38	1:10:02	1:27	33:45	2:07:20	+46:14
28.	3017	Merven Jodi Claire	Female	25-29	1	15:35	6:29	1:10:07	1:23	33:44	2:07:20	+46:14
29.	3028	Carola Barigazzi	Female	25-29	2	17:14	8:03	1:03:52	1:22	47:15	2:17:49	+56:43
30.	3031	Victor Patrick Ferrat	Male	25-29	3	17:15	8:00	1:03:48	1:28	47:16	2:17:49	+56:43
31.	3014	beurnaux guillaume	Male	45-49	5	11:11	1:35	1:22:16	1:17	52:08	2:28:30	+1:07:24

LISBOA TRITON 1 2023 TEAMS

Pl.	Bib	Name	Team	Cat	By cat.	Swim	T1	Bike	T2	Run	Time	Gap
1.	2103	Francisco/Tiago/Rui	ONTRISPORTS 2	TEAM		115:08	0:24	1:04:29	0:32	40:17	2:00:53	
2.	2102	David/Sergio/sara	ONTRISPORTS 1	TEAM		219:48	0:28	1:09:52	0:30	43:34	2:14:14	+13:21
3.	2101	Joao/Ricardo/Pedro	Ride We Must	TEAM		321:03	1:16	1:31:40	0:44	1:05:20	3:00:04	+59:11
4.	2104	MARCO/CARLOS/ERIC	Plastivaloire MET	TEAM		424:21	1:11	1:34:12	0:43	1:03:57	3:04:27	+1:03:34
5.	1207	HELENE/JOAO/JOEL	CASINO LISBOA	TEAM		534:42	1:29	1:33:32	0:59	57:05	3:07:47	+1:06:54
6.	2106	DANIE/DALEEN	Terrific Two	TEAM		631:49	2:53	1:32:08	1:08	1:33:36	3:41:35	+1:40:42

LISBOA TRITON 1 2023 MIX & MATCH

Pl.	Bib	Name	Sex	Cat	By cat.	Swim	T1	Bike	T2	Run	Time	Gap
1.	1206	Cardoso Acácio	Male	1.2/90/21		113:32	3:54	1:25:39	1:42	55:31	2:40:21	
1.	1202	HENRIQUEZ JORGE	Male	0.6/90/21		113:54	2:55	41:25	1:16	27:51	1:27:23	
1.	1204	CALHA NUNO	Male	0.6/90/10.5		116:12	4:13	48:23	1:17	29:14	1:39:21	
2.	1205	Breton Arnaud	Male	0.6/90/10.5		227:36	1:22	2:56:58	3:46	58:41	4:28:25	+2:49:04
1.	1203	Sa Antonio	Male	1.8/45/5.4	1					37:35	2:56:25	